

# Essential Skills for Palliative Care Series

## Care Planning and Collaborative Practice

## Bridging the Transition Gap: Essential Skills and Strategies

Presenters:

Dr. Hema Patel MD, FRCPC

Isabelle St. Sauverur, APN

McGill University Health Centre

Host and Moderator: Jennifer Campagnolo, CHCA

Date: November 1, 2023



# Land Acknowledgement



We recognize with humility and gratitude that Canada is located in the traditional, historical and ceded and unceded Lands of First Nation, Inuit and Metis Peoples. On behalf of us all, we acknowledge and pay respect to the Indigenous peoples past, present and future who continue to work, educate and contribute to the strength of this country.

# Reminders

- Say “Hello!” and introduce yourself via the chat! Remember to select “Everyone”.
- Use the chat function if you have any comments or are having technical difficulties.
- Captioning is available and can be activated through your Zoom options.
- Microphones are muted. **Please use the Q&A function to ask the panelists questions.** We will be taking time to answer any questions at the end of the presentation.
- This session is being recorded and will be available at [www.echo.cdnhomecare.ca](http://www.echo.cdnhomecare.ca)
- Remember not to disclose any Personal Health Information (PHI) during the session.

# THE CANADIAN INTERDISCIPLINARY PALLIATIVE CARE COMPETENCY FRAMEWORK

## THE CANADIAN INTERDISCIPLINARY PALLIATIVE CARE COMPETENCY FRAMEWORK

A curriculum guide for educators and reference manual for disciplines providing palliative care.

**CANADIAN PARTNERSHIP AGAINST CANCER**  
PARTENARIAT CANADIEN CONTRE LE CANCER

**Health Canada** **Santé Canada**

## THE CANADIAN INTERDISCIPLINARY PALLIATIVE CARE COMPETENCY FRAMEWORK

A curriculum guide for educators and reference manual for disciplines providing palliative care.

**What this framework seeks to achieve, and how to use it**  
This framework establishes a minimum national standard for palliative care in Canada.

It is written with several readers in mind:

- Individuals, managers and human resources personnel** will use it to fill skills gaps and guide hiring practices.
- Educators** will use it to identify minimum standards for palliative care competencies, weave the development of essential skills into existing curricula, or build new curricula to teach the competencies.
- National accreditation and regulatory agencies** will use it as a guide for establishing minimum national standards in palliative care.

**Specifically, the disciplines with competencies in the framework:**

- Nurses
- General Physicians
- Social Workers
- Personal Support Workers
- Volunteers

**The framework includes:**

a. Twelve domains of competency:

1. Principles of a palliative approach to care	5. Care planning and collaborative practice	9. Professional and ethical practice
2. Cultural safety and humility	6. Last days and hours	10. Education, evaluation, quality improvement, research
3. Communication	7. Loss, grief, and bereavement	11. Advocacy
4. Optimizing comfort and quality of life	8. Self-care	12. Virtual care

b. Discipline-specific skills self-assessments:

- provide the health care practitioner with a snapshot of their own competencies;
- provide managers with tools to gauge the levels of palliative care competencies within a team;
- can guide professionals and managers as they customize continuing education plans.

c. Education resources

**CANADIAN PARTNERSHIP AGAINST CANCER**  
PARTENARIAT CANADIEN CONTRE LE CANCER

**Health Canada** **Santé Canada**

# THE CANADIAN INTERDISCIPLINARY PALLIATIVE CARE COMPETENCY FRAMEWORK



## **Domain 5: Care planning and collaborative practice**

Care planning and collaboration enables integrated, coordinated, person-centred care that optimizes comfort and quality of life. Collaboration involves the person and their designated family or caregiver(s), interdisciplinary team, and often multiple agencies or sectors. Care planning includes assessing current needs, planning for future illness deterioration, and possible transitions between care settings.<sup>1</sup>

<sup>1</sup>Canadian Partnership Against Cancer & Health Canada. *The Canadian Interdisciplinary Palliative Care Competency Framework*. Toronto, ON: 2021.

# THE CANADIAN INTERDISCIPLINARY PALLIATIVE CARE COMPETENCY FRAMEWORK



## **Domain 5: Care planning and collaborative practice**

Competencies for Interdisciplinary team members (nurses, SW, PSWs, generalist physicians) include<sup>1</sup>:

- Understanding interdisciplinary collaboration, transitions, and roles
- Modifying care plans as needed
- Making informed decisions
- Acting as an advocate

<sup>1</sup>Canadian Partnership Against Cancer & Health Canada. *The Canadian Interdisciplinary Palliative Care Competency Framework*. Toronto, ON: 2021.

# Introductions



**Dr. Hema Patel MD, FRCPC**  
McGill University Health Centre

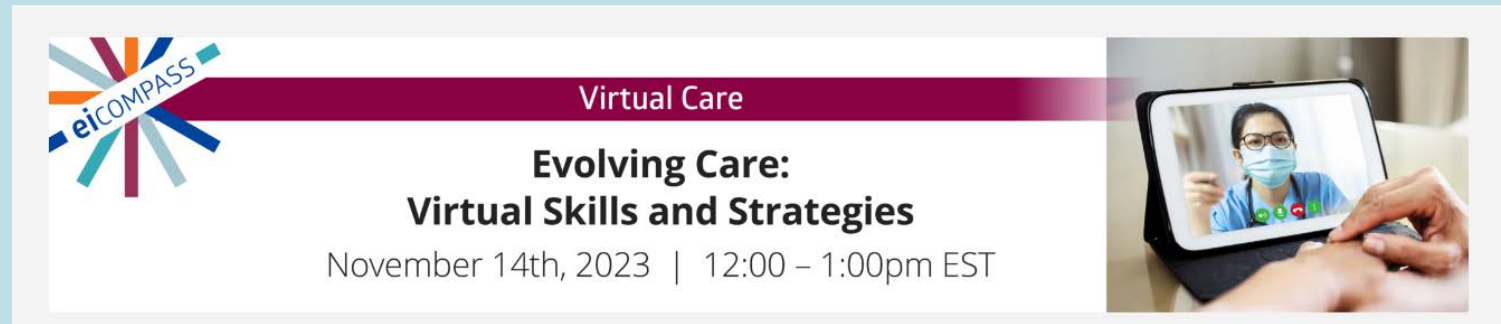
# Questions & Discussion





# CHCA ECHO Hub

<https://cdnhomecare.ca/palliative-care-echo-hub/>



The banner features the eiCOMPASS logo on the left, a maroon horizontal bar with the text "Virtual Care" in white, and a photograph on the right showing a healthcare professional in a blue uniform and mask on a tablet screen. The main text in the center reads "Evolving Care: Virtual Skills and Strategies" followed by the date and time "November 14th, 2023 | 12:00 – 1:00pm EST".

*Thank you!*

For taking a few moments to complete the feedback survey



by Pallium Canada



Canadian Home Care Association



by Pallium Canada



Canadian Home Care Association



by Pallium Canada



Canadian Home Care Association